

Monthly Fee

Enrollment Fee

Enrollment Fee	01 33,000yen	02 22,000yen
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Mat Group | MG

You can take group lessons in Mat Pilates and Yoga both at the studio and online.

Free Unlimited Mat Group lessons for one month	01 16,940yen	02 14,960yen
Day Free Unlimited Mat Group lessons on weekdays until 18:00 for one month	01 13,552yen	02 11,968yen
MG6 6 Mat Group lessons per month	01 14,520yen	02 13,200yen
MG4 6 Mat Group lessons per month	01 10,450yen	02 9,625yen

Mat & Machine Group | MM

You can take the same number of Mat Group lessons (Pilates & Yoga) and Reformer Pilates machine group lessons.

MM44 4 Mat Group lessons & 4 Machine Group lessons per month.	01・02 21,560yen
MM33 3 Mat Group lessons & 3 Machine Group lessons per month.	01・02 18,150yen
MM22 2 Mat Group lessons & 2 Machine Group lessons per month.	01・02 12,650yen

Reformer Group | RG

You can take group lessons on the Pilates machine "Reformer."

Please note that availability may vary depending on the studio.

RG8 Reformer Group 8 sessions per month	01・02 25,300yen
RG4 Reformer Group 4 sessions per month	01・02 15,400yen

Private | PV

PV4 Private 4 sessions per month	01 38,280yen	02 33,880yen
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***Facility Sustainability Fee 550yen**

Price List

Ticket

We also offer a ticket membership system, allowing you to take lessons using tickets. Monthly members can also use tickets to effectively and affordably add private lessons or machine group classes. The number of tickets consumed depends on the type of lesson and studio grade.

40 ticket pack Valid for 10 months from the issue date.	01 104,500yen	02 92,950yen
40 ticket pack Valid for 6 months from the issue date.	01 101,750yen	02 90,530yen
20 ticket pack Valid for 6 months from the issue date.	01 57,200yen	02 50,930yen

Ticket Consumption by Lesson Type

Lesson Type	Private	Machine Group	Mat Group
MG-Free	3 Tickets	1 Tickets	0 Tickets
MG-Day Free, MG6, MG4 MM22 Ticket Membership	4 Tickets	2 Tickets	1 Tickets
MM33 * Applicable starting from lessons held in March 2026.	3 → 4 Tickets*	3 → 2 Tickets*	1 Tickets
MM44 RG8・RG4・PV4	3 Tickets	1 Tickets	1 Tickets

Price List

Studio Usage Fee

When taking lessons at a studio other than your registered studio, the studio usage fee varies depending on the grade.

※The Private Monthly 2 and Private Monthly 4 plans cannot be used at studios of a different grade.

Grade 01 Member	01 0yen	02 0yen
Grade 02 Member	01 Private (with ticket): 1,500yen (tax included) Others: 500yen (tax included)	02 0yen

Price List

Package

If you want to start Pilates but are unsure which class to take, want to try both group and private lessons, and aim for the best results, this package is designed for you by zen place. Combining group and private lessons, it transforms your body and mind in just 4 months. This is the ultimate package, packed with zen place's expertise, to help you achieve the quickest change in both body and mind.

Intensive 32-Class Course Mat Group 22 Sessions Private Sessions 10 Sessions AI Spine Analysis 2 Sessions Counseling Session	<div style="text-align: center;">01</div> 142,450yen	<div style="text-align: center;">02</div> 126,940yen
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Price List

Online Membership

With the online-only membership at zen place, you can take all mat group lessons for both Pilates and Yoga online. You can also sign up for this membership online.

※In-studio lessons are available through ticket purchase. For more details, please contact your preferred studio.

Online Free Unlimited Online Mat Group Lessons 1 Online Counseling Session (once every 3 months) 1 Online Private Lesson (once every 3 months)	<div style="text-align: center;">01・02</div> 14,960yen
Online Monthly 6 6 Online Mat Group Lessons per Month	<div style="text-align: center;">01・02</div> 13,200yen
Online Monthly 4 4 Online Mat Group Lessons per Month	<div style="text-align: center;">01・02</div> 9,625yen

Price List

Trial

Mat Group 1 Session	<div style="text-align: center;">01</div> 3,300yen	<div style="text-align: center;">02</div> 2,200yen
Mat Group 2 Weeks Unlimited for 2 Weeks	<div style="text-align: center;">01</div> 11,858yen	<div style="text-align: center;">02</div> 10,472yen
Machine Group 1 Session	<div style="text-align: center;">01・02</div> 5,000yen	
Private Session 1 Session	<div style="text-align: center;">01</div> 9,900yen	<div style="text-align: center;">02</div> 8,250yen

Various Discounts

At zen place, we offer special pricing tailored to your life stage and provide exclusive rates for those who continue to incorporate Pilates and Yoga into their lifestyle. If you are eligible, please ask at the studio to take advantage of these discounts.

<p>Loyalty Discount</p>	<p style="text-align: center;">For all monthly membership courses</p> <p>70 lessons or more attended → ¥2,000off 210 lessons or more attended → ¥3,000off 280 lessons or more attended → ¥4,000off</p>	<p>Eligible Courses: All Monthly Membership Courses This discount applies to those who have been continuously attending for 37 months or more after joining as a monthly member. ※Discount is calculated based on the number of lessons attended in the most recent 36 months. ※Cannot be combined with other discounts. ※Other conditions for eligibility apply.</p>
<p>Kids Discount</p>	<p style="text-align: center;">Ages from 13 months to elementary school graduation</p> <p style="text-align: center;">30% Off Monthly Membership Fee</p>	<p>Eligible Courses: Matte Group Monthly 4, Kids Classes Only This discount is available for individuals from 13 months old until elementary school graduation. ※Cannot be combined with other discounts. ※Additional membership conditions apply.</p>
<p>Under 25 Discount</p>	<p style="text-align: center;">Middle School to Under 25 Discount</p> <p style="text-align: center;">20% Off Monthly Membership Fee</p>	<p>Eligible Courses: Mat Group Monthly 4, Monthly 6, Mat Group Unlimited This discount is available to individuals from middle school age to 25 years old. ※Cannot be combined with other discounts. ※Additional membership conditions apply.</p>